

	BASIC PROSPECT INFORMATION			
	Name CJ Allen	Position Linebacker	School Georgia	Class Junior
	Date of birth 3/1/2005	Jersey Number #3	247 Recruit Rating ★★★★★	Draft Class 2026 NFL Draft
	MEASUREMENTS			
	Height 6' 1"	Weight 230 lbs	Arm Length 31 1/2"	Hand span 10 1/8"
NOTABLE AWARDS				
Second-Team All-SEC				

NFL TRANSITION			
Draft Grade: Second Round	Player Comparison Danny Trecathan	Scheme Fit 4-3 MIKE linebacker	Player Archetype Instinctive, physical, downhill MIKE linebacker with strong tackling ability

NFL COMBINE ATHLETIC TESTING						
40 Yard Dash	10 Yard Split	Bench Press	Vertical Jump	Broad Jump	3 Cone Drill	20 Yard Shuttle
DNP	DNP	DNP	DNP	DNP	DNP	DNP

CAREER TACKLING STATISTICS (PPF)									
Years:	Games Played	Tackles	Assist Tackles	Missed Tackles	Missed Tackle %	Defensive Stop	Forced Fumbles	Sacks	Hits
2025	13	71	23	8	7.8%	39	2	4	0
2024	14	58	21	5	6.0%	38	0	0	3
2023	13	38	13	5	8.9%	21	0	1	2
Career	40	167	57	18	7.4%	98	2	5	5

CAREER COVERAGE STATISTICS (PPF)									
Years:	Targets	Receptions Allowed	Catch % Allowed	Yards Allowed	YAC Allowed	Touchdowns Allowed	Interceptions	Pass Break-Ups	Penalties
2025	44	30	68.2%	317	238	2	0	3	0
2024	28	19	67.9%	288	150	2	1	2	0
2023	23	16	69.6%	146	123	0	0	0	0
Career	95	65	68.4%	751	511	4	1	5	0

SCOUTING REPORT					
Home Games Scouted:	Marshall, Austin Peay, Alabama, Kentucky, Ole' Miss, Texas		Away Games Scouted:	Tennessee, Auburn, Florida, Mississippi St, Georgia Tech	
Conference Championship Games, Bowl Games, and College Football Playoff (CFB) Games Scouted:			Alabama (SEC Championship), Ole' Miss (CFP)		

Summary — CJ Allen is a highly instinctive, fundamentally sound linebacker who projects as a steady, reliable presence in the middle of a defense. He wins with intelligence, discipline, and physicality, consistently putting himself in position to make plays with quick processing. Allen shows a high-level understanding of run fits, flowing efficiently through traffic while maintaining gap integrity and rarely being caught out of position. His ability to read blocking schemes, trigger downhill, and meet ball carriers with force makes him a dependable and effective run defender who can control the box and limit forward momentum. Allen's game is anchored by his tackling ability and physical temperament. He is a violent, secure finisher who consistently wraps, drives through contact, and limits yards after the catch. His stopping power, body control, and willingness to take on contact allow him to play bigger than his frame, while his effort and competitiveness show up in pursuit and when working through congestion. He also offers functional value in pass defense, particularly in zone coverage, where he reads the quarterback, occupies throwing lanes, and limits yards underneath. As a blitzer, he flashes the ability to time pressures effectively and convert speed to power, creating disruption even if he is not a high-end sack producer. The primary limitations in Allen's profile stem from his physical traits and coverage ceiling. He has a modest frame with below-average length, which can allow blockers to get into his chest and control reps if they establish leverage. Athletically, he lacks elite speed, burst, and change of direction, which shows up in both range and man coverage situations. While structurally sound in zone, his route recognition and feel for developing concepts are still evolving, and he can be late transitioning from play action or reacting to routes behind him. In man coverage, he will give up separation to more dynamic athletes, limiting his versatility on passing downs. Overall, Allen projects as a high-floor, instinct-driven MIKE linebacker who brings stability, toughness, and reliability to a defense. His ability to diagnose quickly, tackle consistently, and play within structure makes him an immediate valuable early-down contributor while continuing to develop his three-down skillset. While his ceiling may be capped by average athletic traits and limited playmaking upside, his consistency and dependability give him a strong chance to develop into a long-term starter who serves as the backbone of a disciplined defensive unit, making him worthy of being considered in the early portions of round 2.

What Encouraged Me	Areas of Growth/Concern
<p>Football IQ — Allen is a highly instinctive off-ball linebacker who consistently puts himself in the right position. He is a quick processor with strong diagnostic ability against the run, allowing him to play fast while maintaining discipline. He rarely gets caught out of position and shows a strong understanding of gap integrity and defensive structure.</p> <p>Physical Profile — Allen has a well-built, dense frame with a low center of gravity that plays stronger than his measurable size. While he lacks ideal height and length, his compact build helps him absorb contact, maintain leverage, and play with natural balance through traffic. He is structurally built for inside linebacker work where power, angles, and processing matter more than reach or range.</p> <p>Durability — Allen is a durable, dependable presence at linebacker who does not miss games despite playing a physical position and playing with a violent tackling mindset like she does.</p> <p>Athleticism — He possesses functional, above-average athleticism for his frame that allows him to operate effectively sideline-to-sideline. While not dynamic, he has enough range, movement ability, and play strength to accomplish his role as a second-level defender.</p> <p>Run Defense — Allen is a highly reliable and disciplined run defender. He flows well through traffic, maintains gap integrity, and consistently takes efficient angles to the football. He is a smart downhill attacker who can sift through congestion, locate the ball carrier, and deliver impact at the point of contact. His processing in the run game is a defining strength with very few mental errors. Once diagnosed, he shows strong hand usage and technique when taking on blocks and working to stack and shed effectively. He competes well against blockers, uses his hands to disengage, and consistently works back to the football.</p> <p>Coverage — Allen is most effective in zone coverage, where he is able to read routes in front of him rather than feeling for routes naturally. Allen consistently reads the quarterback, gets into passing lanes, and limits underneath completions. He understands spacing and does a good job securing tackles in space to prevent yards after the catch.</p> <p>Blitz Versatility — Allen offers value as a situational blitzer, particularly in interior gaps. He times pressures well, converts speed to power effectively, and can generate disruption by compressing the pocket. His effort and ability to track the quarterback allow him to clean up plays.</p> <p>Tackling — Allen is a violent, reliable, and technically sound tackler. He comes to balance well, keeps his eyes up, and consistently finishes through contact. He rarely misses tackles, shows strong stopping power, and limits yards after contact. His willingness to take on contact and eliminate ball carriers is a major strength.</p>	<p>Physical Profile — Allen has a modest frame with limited height and length, which can allow blockers to get into his chest and control him. His lack of length impacts both his ability to disengage from blocks and to affect passing lanes at a high level.</p> <p>Athletic Limitations — While functional, he lacks high-end athletic traits. His closing speed, burst, and change-of-direction ability are average, limiting his ability to make high-impact or explosive plays. He projects more as a steady presence than a difference-maker.</p> <p>Run Defense — When offensive linemen establish inside hand placement — which can happen a touch more than you would like due to his size — Allen can struggle to disengage due to his shorter arms and overall size. He lacks the length to consistently keep blockers off his frame. When blockers are able to get into his chest, there are times that he is not able to stack and shed, which will then allow offensive linemen to displace him and open his gap, resulting in chain-moving runs.</p> <p>Coverage Limitations — Allen's processing in coverage is not as advanced as in the run game. He can be late transitioning from play-action and RPO looks and has a tendency to drop into space rather than consistently matching routes developing around him. His route recognition is still developing, and he can give up separation in both zone and man coverage. In man coverage, he can also struggle to consistently mirror dynamic receiving threats. He can give up a step to running backs, tight ends, and slot receivers due to his own average change-of-direction ability and some hip tightness.</p>